

Carondelet Community Betterment Federation
(CCBF)



CCBF St. Joseph
Food Pantry



Please donate and help support those in need.

Everything is greatly appreciated!!!

Cereal & Rice

- Meal starters (beef, chicken and tuna 'Helpers')
- Canned pastas
- Cereals (including whole and bran)
- Hot cereal mixes
- Oatmeal
- Macaroni and cheese mix
- Rice
- Bread & muffin mixes
- Granola bars
- Graham crackers
- Pancake mix
- Crackers
- Flour
- Bisquick

Vegetables

- Canned vegetables
- Pasta sauce
- Vegetable soup
- Canned tomato products
- V-8 juice
- Boxed dehydrated soup mixes
- Instant potatoes
- Canned Soup

Meat, Poultry, Fish, Dry Beans & Nuts

- Canned fish (tuna, salmon, sardines)
- Canned beef, chicken, ravioli, meatballs, etc.
- Canned chili
- Peanut butter
- Jelly
- Nuts
- Bean soups
- Beans (canned or dry)

Milk, Yogurt & Cheese

- Instant breakfast drinks
- Evaporated or canned milk
- Powdered milk
- Non-fat dry milk
- Canned and boxed pudding (non-refrigerated)
- Hot chocolate mixes with added calcium
- Non-dairy creamer

Other Beverages

- Tea and coffee
- 100% Fruit juice

Fats, Oils & Sweets

- Mayonnaise & salad dressing
- Vegetable oil
- Jelly and jam
- Honey
- Sugar
- Syrup

Fruits

- Canned and dried fruit
- Applesauce
- Raisins

Special Need Items

- Special diet (i.e. sugar-free, fat free, low salt, gluten-free)

Condiments & spices

are also needed.

The pantry is unable to accept:

- Perishable or home-made food
- Open food packages

Deliver To: 6408 Michigan Avenue

St. Louis, MO 63111

All donations are tax deductible.